

route planner



- Day 1 Dali
- Day 2 Dali & La Bisbal
- Day 3 Girona
- Day 4 Roman Ruins Empuries
- Day 5 Beaches
- Day 6 Barcelona
- Day 7 Medieval Villages
- Eat Restaurants and menu of the day
- More Bike hire and excursions
- More Torroella de Montgri
- More Walks in and around Estartit
- More Activities in and around Estartit

Choose Kings for a professional service with a personal touch.

route planner

day 1

Dali



The three museum centres run by the Gala-Salvador Foundation are the Dali Theatre-Museum in FIGUERES, the Gala Castle House-Museum in PUBOL, and the Salvador Dali House-Museum in PORT LLIGAT (CADAQUES).

FIGUERES

Car – 45mins
Bus - 1h 15mins

The Dali Theatre-Museum situated in the centre of FIGUERES is in itself an amazing building, housing a broad collection of his works illustrating the artistic career of Salvador Dali, from his earliest works and surrealistic period up to the creations of his last years of life. There is also a permanent exhibition of the Dali Jewels, including the paintings and drawings made by Salvador Dali for the design of each one. Whether you are passionate about surreal art, or just have a passing interest in Dali, this is a highly interesting museum and strongly recommended.

The museum is open to the public all year round, closing on Mondays in the winter months.

OPENING TIMES:

01.03 – 30.06	09.30 – 18.00
01.07 – 30.09	09.00 – 20.00

ENTRANCE FEE:

Adults	€11
Children under 9	free

Thursday is market day in FIGUERES.

CADAQUES

Car – 1 hour 20 min from ESTARTIT
Car – 45 mins from FIGUERES

CADAQUES is a picturesque fishing village by the sea, boasting the largest natural harbour in CATALONIA within its bay, and frequented by many small boats. The beach, narrow and stony is not its best feature but its sheer beauty makes up for it. No other place in the world of comparable size, has hosted so many famous artists Matisse, Picasso, Dali to name but a few.

The old quarter hosts a number of galleries, fashion and arts and craft shops. The XVII century church of Santa Maria lies in the centre of the village and is surrounded by many small winding alleys which lead down to the beach and give CADAQUES its picturesque charm.

The Salvador Dali House-Museum in PORT LLIGAT is made up of a number of fisherman's huts, bought at different times, which Gala and Dali wove into a particular maze like structure and decorated over some 40 years. Visitors can see some of his personal objects and where the artist worked, his library, private rooms, garden and swimming pool. Entrance is limited and it is necessary to pre book your visit.

OPENING TIMES:

Off Season	10.30 – 18.00 (Closed Mondays)
15.06 – 15.09	09.30 – 21.00

ENTRANCE FEE:

Entrance	€10
----------	-----

route planner

day 2

Dali & La Bisbal



LA BISBAL

This old but very much functional working town, is situated only approx 20mins inland from ESTARTIT. LA BISBAL is full of narrow streets, with the river running through the middle. These narrow streets, some pedestrian, some not, so look out, are where the fantastic weekly market is held every Friday.

LA BISBAL is well known in the area for its ceramic and wicker business, dating back years and is still a very strong influence on the town to this day.

So why not take a morning out of your stay to have a wonder around the many shops, and see a more traditional market before making your way to the square for a café con leche or cerveza, watching the world go by!

PUBOL

Car – 30 mins from ESTARTIT

Car – 15 mins from LA BISBAL

The tiny romantic village of PUBOL is home to the Castle that Dali purchased for his wife, Gala. The castle, painstakingly and lovingly restored, was her rest and refuge during the 1970s and in the early 1980s, his own, and was then opened to the public in 1996 as the Gala Dali Castle House-Museum. Inside are the paintings and drawings Dali gave Gala to adorn the castle, elephant sculptures Dali installed in the gardens and a collection of Gala's haute couture dresses, as well as the furniture and objects they used to decorate the castle. Gala's tomb is in the castle basement.

OPENING TIMES:

15.03 -14.06	10.00 – 18.00
and 16.09 – 01.11	(Closed Mondays)
15.06 – 15.09	10.00 – 20.00

ENTRANCE FEE:

Adults	€7
Children under 9	FREE

route planner

day 3

Girona



GIRONA

Car – 45mins

Bus – 1 hour

GIRONA is a must for those who enjoy culture, shopping or simply experiencing the Catalan lifestyle.

It has a beautiful historic Jewish Quarter that surrounds the Cathedral and is easily accessible on foot. There are lots of museums and stone buildings in narrow cobble streets and you will see lots of quaint bars and cafes in this area too and its also great for antique shopping. This area has a distinct bohemian air to it.

Take a walk alongside the river, crossing one of the many foot bridges into the ramblas an ideal spot to sit in one of the pavement cafes, sample some tapas and watch the world go by!

The old part of GIRONA boasts some fantastic shops aswell such as Zara, Mango, Adolfo Dominguez to name but a few. Also, situated off the motorway at exit 7, just before the airport, is the shopping centre Espai Girones in SALT, a good option for a rainy day!



Choose Kings for a professional service with a personal touch.

route planner

day 4

Roman Ruins Empuries



ROMAN RUINS EMPURIES

Car – 20mins

The ruins at EMPURIES situated midway between the town of LA ESCALA and the tiny village of SANT MARTI are of Greek and Roman origins and well worth a visit. Entrance to the area can either be from the car park or from the beautiful coastal walk between these two villages.

EMPURIES is the most important Greek archaeological site to be found in SPAIN. Its origin stems from the settlement of Greek colonisers during the 5th century B.C. The town was reformed by the Romans, and in the 1st century B.C. Cesar founded another town of a square layout, populated by army veterans, with remains of mosaic and wall paintings. Part of the immense sea wall of the old Greek port is still visible. This beautiful spot was chosen to receive the Olympic torch for the 1992 Games in BARCELONA.

OPENING TIMES:

01.06 – 30.06	10.00 – 20.00
Rest of season	10.00 – 18.00

ENTRANCE FEE:

Entrance	€3
----------	----

SANT MARTI D'EMPURIES

SANT MARTI D'EMPURIES is a picturesque hamlet situated next to the ruins with a tiny square hosting 3 or 4 pavement restaurants and dominated by the church with 4 bells with the Mediterranean Sea as a backdrop. After lunch or refreshment in the square, go down to the beautiful beach, follow the coastal walk way to LA ESCALA or take the tourist train.

route planner

day 5

Beaches



BEACHES

Car – 40 mins

BEACHES OF BEGUR

SA RIERA, SA TUNA, AIGUABLAVA

These tiny but picturesque resorts are well worth a visit, but best visited in the low season, avoiding July and August.

SA RIERA A windy road leads down to SA RIERA whose name comes from the stream that divides the blue flag lovely coarse sandy beach, in two. This little village retains the former fisherman's houses and has a boat club offering various leisure activities. There is a picturesque coastal walkway to the beaches of ILLA ROJA and PALS.

SA TUNA Sa Tuna Bay has retained its ancestral beauty almost intact and is outstanding for its calm atmosphere and the quality of its crystal clear waters. AIGUAFREDA and CAP SA SAL can be reached along the path that flanks the rocks. Behind the pebbly beach, there is a tiny promenade with restaurants and bars.

AIGUABLAVA Once voted the best beach in Catalonia, this sandy blue flag beach boasts water that lives up to its name blue! Small picturesque bay with its own Parador – a lovely spot to enjoy refreshment.

BEACHES OF PALAFRUGELL

TAMARIU, LLAFRANCH & CALELLA

TAMARIU The name of TAMARIU comes from the Tamarind trees which line the beach promenade. The coarse sand blue flag beach is one of the most sheltered

on the Costa Brava, and the rugged pine covered cliffs which meet the crystal clear water, make this a beautiful spot. Along the small promenade there are various pavement cafes and seafood restaurants.

The road from TAMARIU to LLAFRANCH winds over the cliff, passing the lighthouse of SAN SEBASTIAN. Worth stopping for, the view is breathtaking from here.

LLAFRANCH Lovely sandy beach and promenade hosting many seafront restaurants and bars. At the end of the promenade are some steep steps which lead up to the "Cami de Ronda" the coastal walk which joins LLAFRANCH and CALELLA.

The walk takes about 30 minutes depending on how many times you stop to admire the breathtaking view.

CALELLA This is well known for the traditional architecture of the archways long the beach. Built in the 19th Century, these provided shelter from rain for the fishermen. Calella is famous for "Havaneres" the singing of traditional sea shanties accompanied by "cremat" coffee flamed with rum.

The botanical gardens of CAP ROIG are also an interesting feature Originally a small castle bought by a Russian aristocrat for his English lady ..now owned by a foundation of one of the banks, and used in summer to host open air concerts, featuring varied artists from Julio Iglesias and flamenco dancer Joaquin Cortes to international artists such as UB40, George Benson or Jamie Callum. Refreshment is served under the stars by a prestigious local restaurant.

route planner

day 6

Barcelona



BARCELONA

Car - 2 hours

Train – from Flussa or Girona – 1.5 hours

TRAIN TICKET – approx. €16 return

This magical city has something for everyone. Whether it be visiting Gaudi's unfinished cathedral "La Sagrada Familia", and climbing the awe-inspiring towers, or viewing the prominence of his work throughout the city, from buildings and houses right down to lampposts and benches. A stroll down "Las Ramblas" is a must This tree lined pedestrian boulevard is packed with buskers, living statues, mimes and itinerant salespeople. Half way down is the "Boqueria" market fruit, vegetables, meats etc presented in such an impressive way. Café culture is very much alive here. At the end of Ramblas, is the statue of Christopher Columbus. Not for the faint hearted, a ride to the top, provides an amazing view of the city. The harbour area is ideal for eating tapas and watching the world go by.

BARCELONA'S football ground, the Camp Nou, is a favourite stop for football fans, with visits to the stadium, museum and shop.

For all shopaholics, BARCELONA is a treat with national names like "El Corte Ingles", Zara, Adolfo Dominguez plus plenty of boutiques and international names. If traveling with children, why not take a trip to the Zoo, Aquarium, or Barcelona in Minature?

A lot of the city is accessible on foot with a small map in hand, or alternatively, a tourist bus service is available, hopping on and off at the many recommended tourist attractions. Whatever you choose to do, this will be a memorable day!



BARCELONA BUS TURISTIC:

Adults

1 Day	€22,00
2 Days	€29,00

4 - 12 years

1 Day	€14,00
2 Days	€18,00

route planner

day 7

Medieval Villages



MEDIEVAL VILLAGES

This area of lower Empordan has many small villages dating back to medieval times or earlier. Most have been lovingly restored and are very desirable places to live. Many host restaurants so provide the ideal place for a stroll around the historic villages, followed by a meal either in the stone built restaurants or al fresco in the lovely courtyards, terraces or squares.

PALS The historic centre of this beautiful town stands on a hill surrounded by plains which were once marshland and are now used to cultivate rice. The circular Romanesque tower built bet 11th & 12th C, cobbled streets, semi circular arches, pointed arch windows and stone balconies are all among Pals' distinctive features. The wall with its 4 square towers also originate from the 12th C. The viewpoint over the lower Empordan countryside and Medes Isles is a popular spot. The Church of St. Peter has Romanesque, Gothic and Baroque features. A visit to Pals wouldn't be complete with visiting El Pedro restaurant.

PERATALLADA The Castle fortress with its perfectly preserved tower and palace date back to the Bronze Age and are now a hotel and restaurant. The name comes from "Pedra Tallada" which means carved stone. Many of the buildings are carved from the stone in the moat wall which surrounds this small fortified medieval village. Its cobbled streets and picturesque squares are home to many restaurants and cafés.

MONELLS This small village was formed around a castle but today only the walls remain. Monells was very important in Medieval times for its market. The main square is a beautiful spot to stop for refreshment.

SANT MARTI VELL Small village with majestic Church. Walk from here up to the peak "Puig Alt" to the sanctuary of "Els Angels". Here there is a panoramic view of almost all the counties of Girona. It is also the place Salvador Dali chose to marry Gala.

PALAU SATOR, FONTCLARA, SANT JULIA DE BOADA Archaeological finds date back to Roman times. The castle is 10th C and there are remains of the original wall and clock tower. Various churches and the Monastery of Fontclara are also of interest. These small villages host many good restaurants where typical Catalan/ Spanish food can be savoured.



*****DON'T DRINK AND DRIVE*****

Enjoy the night and use TAXI ESTARTIT.
Telephone (0034) 6 555 999 65. English spoken.

Restaurants and menu of the day



In many countries, the workers eat a quick sandwich at lunchtimes. Not so in Spain. It is quite normal for workers from all walks of life to go to a local restaurant at lunchtime and sit down and eat a 3 course meal (often with vino), then manage to return to work afterwards. Nearly all restaurants offer menus of the day at lunchtime. Some specialize in these and are aimed towards the workers but welcome outsiders as well and good wholesome food can be sampled at a very reasonable price. Other restaurants have more specialized menus of the day and are aimed more towards people who simply wish to have lunch out and about. Many of these restaurants are situated in small villages off the beaten tourist track, which in themselves are worth a visit. Here are a few of the restaurants where we have spent many a happy lunch hour!

GROUP A €12 - €15

PERATALLADA is a beautiful village of cobbled streets of old stone houses, painstakingly renovated and maintained to a very high standard. The village houses many restaurants. **LA PAISSA D'EN CARDINA** (C/. Jaume 11, 10 Telf. 972 634708) is a beautifully decorated restaurant with a small courtyard. The menu of the day at approx. €12 is excellent value, delicious, very well presented and served in lovely surroundings. A walk around the village afterwards is a must. www.la-paissa.com/inici.html

Another village steeped in history and beautifully restored is **PALS**. The old town is lovely to walk around and **EL PEDRÒ** restaurant (Telf. 972 63 69 83) offers wholesome country food in their menu of the day for approx. €12 including wine. www.elpedropals.com/historia_eng.html

On the cross roads in **VERGES**, set in an old 16th Century house, is the Restaurant **MAS PI** (Telf. 972 780612). Quirkily decorated and offering a large outdoor terrace, the menu of the day is good value at approx. €12 www.maspi.net

The tiny village of **CINC CLAUS** (literally 5 keys) situated between **LA ESCALA** and **EMPURIES** is home to **MAS CONCAS**. The only restaurant in the village of 5 houses (hence name). Good menu including bread, water and wine. masconcas.restaurantesok.com/aquiok/detallrest.jsp?id=13221&prov=Girona

FOIXÀ is a small agricultural village of stone houses. Restaurant **CAN QUEL** (Telf. 972 76 90 64) is a family run restaurant situated in the middle of the village. Look on their website for a delightful family history written by the youngest members of the Torrent family. Wholesome country food. Wood burning oven used for baking bread and grilling meat. Closed Mondays www.canquel.cat/index_eng.html

GROUP B - MORE THAN €15

Restaurant **PORTAL DEL MAR – TORROELLA DE MONTGRI** (Telf. 972 761389). Quite an avant garde restaurant, modern décor and style with excellent food, part owned by family of the popular Can Falet tapas Bars of L'ESTARTIT. Tel 972 761389 www.restaurantportaldemar.com/en/

PALAU LO MIRADOR – TORROELLA DE MONTGRI (Telf. 972 758063). Fabulous setting in a 14th Century Palace beautifully set in its own grounds in the centre of **TORROELLA**. Excellent menu of unusual food for approx. €17 including wine. www.palaulomirador.com/en/ Walk off lunch visiting the many free galleries and museums in the narrow streets of village.

Restaurant **EL CIURENY – Empordan Golf Course**. Telf. 972 761891. Enjoy a game of golf on this 36 hole course or just enjoy the setting. Menu €17.50 plus drinks. Modern restaurant with lovely views over golf course. 3 or 4 choices each day. Good food in very pleasant setting.

CASTELL DE EMPORDA – LA BISBAL. Magnificent setting in a beautifully restored 14th Century stone castle set in lovely garden with its own little church. Lovely dining room but even better on the terrace for a leisurely al fresco lunch whilst admiring the stunning views over the region. Book a table Telf. 972 646254. Visit the Battle of Waterloo room. Spend the afternoon in LA BISBAL, famous for ceramics. www.castelldemporda.com/en/welcome-to-our-restaurant

BON APETIT!



PROPERTY MANAGEMENT S.L

Choose Kings for a professional service with a personal touch.

route planner

more

Bike hire and excursions



BIKE HIRE AND EXCURSIONS

L'Estartit lies in an area known as the Baix Empordà. There is a vast cycling network which is ideal for discovering the hidden secrets of the area. These routes are generally safe and some virtually traffic free on farm tracks, river banks or quiet country lanes. The routes are well sign posted with a universal cycle sign and also in many cases with the name of the next village and the distance in kilometers. Most of the surrounding area is flat, so easily accessible to all, whether you are a keen mountain bike enthusiast or just looking for a fun trip out with the family.

Consult our ideas for restaurants and menus of the day and combine this with cycle hire to make a day out. Or join our guided tours, either early in the morning for the keen riders, setting out at 8 a.m. and covering the Montgrí mountain, or others at a more leisurely pace. Take a bike on Monday mornings, following our route itinerary to the neighbouring village of Torroella and enjoy the market, through the meandering narrow streets, stopping at a pavement café for coffee or refreshment.

New for this year, a guided excursion combining cycling and river kayaking. The tour leaves Estartit by bike to Verges, where you are transported to Colomers to begin the 7 km descent by kayak along the River Ter, enjoying enroute the abundant wildlife as you pass through this nature reserve. In Verges, you stop for a snack, then pick up the bikes and head back to Estartit. Bike, snack and kayak hire are included in the price of €45 per person for this fun filled activity.

This year, we are upgrading our choice of bikes for hire. From the most basic, the single speed bikes, to competition level



mountain bikes. All bikes are supplied with a quality lock, helmet, repair kit, mini air pump and third party insurance. We also provide maps of the local cycle area and route descriptions are available.

PRICES FOR ONE DAY HIRE:

Bronze (single speed bikes)	€12
Silver (Hybrid, basic mountain bikes)	€15
Gold (Track friendly mountain bikes)	€18
Platinum (competition level mountain bikes)	€25

Contact us for special weekly rates. Depending on availability, we also do half day rentals. Bike hire can be booked in resort at the Kings office, or pre booked by contacting us by email at rentals@kingspropertymanagement.com

Choose Kings for a professional service with a personal touch.

Torroella de Montgri



TORROELLA DE MONTGRI

Situated 6 kms inland from Estartit, Torroella is a relatively unknown town, well worth a visit and sure to surprise you. Torroella lies at the foot of the Montgri mountain, home to the unfinished 13th Century gothic fortress, which can be reached by foot, and provides a magnificent view of the plains. Torroella itself is easily accessible, by public transport from Estartit, within bike riding distance along farm tracks, or by car, making use of the free car parks.

In the centre of Torroella, the town square or "Plaza de la Vila" is a good starting point. The town hall 15th/16th century building has been cleverly restored and next to it lies the 13th century Sant Antoni chapel with his clock tower, now converted to an exhibition hall for paintings. Sit in one of the pavement cafés around the square, soaking in the atmosphere of local life, whilst enjoying coffee or refreshment.

The main shopping street is the Carrer de Ulla. Torroella has many high quality small shops selling from local produce (vegetables and meats) to fashion boutiques and shoe shops. The market is held on Monday mornings and worth a visit. Also in the Carrer de Ulla is Can Quintana, the museum of the Mediterranean which also serves as the Tourist Information Centre.

The 14th Century Gothic church of Sant Genis is also worth a visit. In July and August, the International Music Festival holds many of its concerts in the church, which has been acoustically adapted. It includes 20 or more concerts by prestigious soloists and orchestras performing recitals and concerts of chamber music, symphonies, jazz, church



and ethnic music. Next door is the Palau lo Mirador, once residence of the Counts of Torroella and now a delightful hotel and restaurant, well worth a visit at lunchtime for their menu of the day.

The narrow streets of Torroella are home to many beautiful old buildings. Some of the majestic houses were built by people who emigrated to the Amercias at the end of the 19th Century on their return to the town, hence their opulence. Quite a few of these buildings house museums. Entry to most of these are free of charge. One prime example of this is the Solterra Mansion which has been restored to its former glory and houses an exhibition of contemporary Catalan art.

route planner

more

Walks in and around Estartit



WALKS IN AND AROUND ESTARTIT

The area around Estartit and Torroella de Montgri has very recently been declared a Nature Reserve by the Catalan government. A protected park of nearly 8200 acres has been formed, of which just over 2000 acres are marine. The area of the Medes Islands, the wetlands around the mouth of the River Ter, and the Montgri mountain form a large part of this park and provide beautiful scenery for all to enjoy.

There are many well signed posted walks for all to enjoy in Estartit and Torroella. From a leisurely stroll along the promenade or walking along the many kilometers of sandy beach with your feet in the water, to climbing the Montgri mountain and visiting the castle there are walks for all abilities.

Starting out from the harbour, walking up the steepish road, Cap de la Barra, a half hour walk takes us to the Cala Calella, with panoramic views on route and the possibility of swimming or snorkeling in a beautiful secluded cove.

From the top of the mountain Roca Maura, we can set out towards more coves with slighty longer itineraries, again with the option of a swim on arrival. All routes are well marked to the Cala (Cove) Pedrosa, Feriol or even Montgo which is near to La Escala.

Walking along the promenade in Estartit, past Els Griells and La Platera, brings us to the River Ter. There is a track alongside the River which leads us to Torroella de Montgri. (There is a regular all year round bus service from Estartit to Torroella). From Torroella, for the more energetic, we can walk up



the Montgri mountain and visit the ancient fortress with magnificent views over the plains, or the small hermitage at Santa Caterina. The Castle is also accessible by a different route, starting out by the Villas Atalaias.

For those with transport, wishing to try different walks, one of our favourites, is the walk between Llafranch and Calella which takes about 30 minutes and gives magnificent views of the beautiful rocky coast and blue Mediterranean Sea.

In Kings office, we have lots more information and maps for these walks, aswell as bus timetables for Torroella. Please call by and ask for details.

route planner

more

Activities in and around Estartit



ACTIVITIES IN AND AROUND ESTARTIT

The MEDES ISLANDS situated just one mile off the beach of Estartit are world renown amongst scuba divers. The seven small islets, the biggest being the Meda Gran, which form the Medes, were declared a marine reserve in 1983 and constitute one of the principal marine flora and fauna reserves in the Western Mediterranean. With its underwater tunnels and coves and abundance of fish, this area is much appreciated by SCUBA DIVERS and snorkelers of all nationalities. There are many diving centres in Estartit, who specialize in dives off the Islands or along the coast. The harbour is always a hive of activity with the divers, fishermen and pleasure trips in glass bottom boats.

GOLFERS are well catered for in this area. In addition to the Pitch and Putt Par 3 course situated in Gualta, just over the bridge in Torroella, there are 3 courses only 15 minutes drive away. Two are situated in Pals, Golf Platja de Pals and Golf Serres de Pals, and the third is the Emporda Golf Course which boasts 36 holes. There are another 6 courses on the Costa Brava, so plenty to choose from.

HORSE RIDING. Hipica Mas Paguina, a family run establishment, headed by Marta. Lessons are given at the school from beginners to dressage. Excursions outside the school, along the country lanes or to the beach are adapted to individual ability and are usually one hour long. Outings for the more experienced rider of 3-5 hours are organized during the low season.

KAYAKING. Along the River Ter from Colomers to Verges. This activity can be combined with our bike hire. The 2 hour descent in kayaks which cater for 2 – 4 persons, takes us



through otherwise unseen territory with an abundance of bird wildlife. Alternatively sea kayaking is available in Estartit with trips to the Medes Islands or along the coast.

SAILING AND WINDSURFING courses are held in the harbour for children and adults and cater for all levels, whether you are a first timer or already experienced sailor. WATER SKIING lessons are also available early in the morning when the sea is calm, on one or two skis or wakeboards and can last from just 15 minutes for an introduction to this skill to a full course.

For any of these activities, we have personal contact with all the clubs, so you can reserve via Kings or pop into our office when you are here, for further information.